



# The Cooking Lady's Lemon/Maple Syrup Salad

## *Ingredients*

### For Dressing:

- 2 ounces lemon juice
- 4 ounces extra virgin olive oil
- 2 cloves garlic, peeled and pressed
- 2 tablespoons maple syrup
- ½ teaspoon kosher salt
- ½ teaspoon cracked black pepper

### *What To Do:*

Mix dressing ingredients in a jar. Meanwhile put salad ingredients in a bowl then toss with dressing. Chill thoroughly before serving.

### For Salad:

- Mixed greens
- 1 can quartered artichoke hearts, well drained
- 8 ounces fresh mushrooms, sliced
- 2 avocados, peeled and cubed or sliced